

The Token Anokan

"Ours is the only organization I know dedicated to the individual, we work together to bring out the best in each of us and then we apply these skills to help others." Ralph Smedley



JAN-MAR 2024 VOL 1



Mark Fjellman, Immediate Past President

Looking for Next Year's Club Officers

By Mark Fjellman

It's my responsibility as Immediate Past President to form a committee to find our next fiscal year's Club Officers. To ensure our membership is knowledgeable of the officer positions, I've listed them below with a short description.

President: As the person who sets the tone for the club, you are expected to provide helpful, supportive leadership for all the club's activities. You motivate, make peace, and facilitate as required.

Vice President Education: Schedule members' speeches and projects and serve as a resource for questions about education awards, speech contests, and the mentor program.

Continued page 2.

IN THIS ISSUE

Looking for Next Year's Club Officers

Our Immediate Past President Mark shares information on the club officer positions with a short description.

Anoka Toastmasters Member Spotlight

The spotlight is on Wendy Burow and how Anoka Toastmasters has helped her improve her communication skills.

Reflection's

We look back at this past quarter's event and what's planned for the next quarter for the Anoka Toastmasters.



Figure 1 Wendy Burow

Vice President Membership: Promote the club and manage the process of bringing in guests and transforming them into members.

Vice President Public Relations: Promote the club to the local community and notify the media about the club's existence and benefits it provides.

Secretary: Maintain all club records, manage club files, handle club correspondence, and take the minutes at each club and executive committee meeting.

Treasurer: Manage the club's bank account, writing checks as approved by the executive committee and depositing dues and other club revenues. You are also in charge of submitting membership-renewal dues.

Sergeant at Arms: Arrive early to prepare the meeting place for members, and you stay late to stow all the club's equipment.

Anoka Toastmasters Member Spotlight

By Art McIntyre

I have been a Toastmaster for almost 10 years. I was curious and wanted to improve my communication skills.

What have I learned? Oh my gosh, I learned more than I ever expected!

I have learned how to write and present a speech to an audience. I have learned how to run a meeting, lead a panel discussion, mentor a fellow Toastmaster. I can answer a question "off the cuff" and so much more. Lastly, I have gained confidence in myself.

Reflection's

By Art McIntyre



Figure 2 Always looking for the next exciting thing! Some of our members go bowling in February.

Every so often Anoka Toastmasters club members schedule an event to gather and enjoy time outside of the meeting and have fun enjoying each other's company. In April, a trip to see the Minnesota Twins!! Who's up for a baseball game 😊